

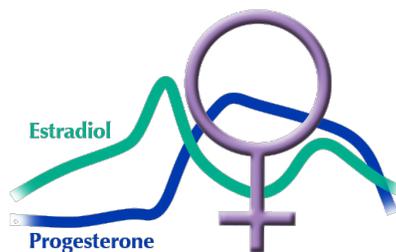
Welcome to BioPure Bulletin-keeping us in touch with you; our friends, our colleagues, and our customers. Our monthly newsletter allows us to share topical feature articles, valuable resources, product updates and announcements.

With masculine and feminine biorhythms in mind, BioPure Healing Products has developed two new gender-specific supplements, Male BioSupport™ and Female BioSupport™. Both products are uniquely sourced and contain specific proprietary blends of vitamins, minerals, amino acids, and botanical extracts. This month, in honor of the age-old tradition of 'Ladies First', we feature BioPure's Female BioSupport™ product. We look forward to focusing on the male counterpart in next month's newsletter.

A Life of Seasons . . .

Female BioSupport™

One could imagine a woman's life divided into seasons: spring = childhood/puberty; summer = the childbearing years; autumn = menopause or climacteric stage, and winter = the postmenopausal years. These life stages are marked by complex and remarkable physiological and hormonal biorhythms. Unfortunately, they can also be accompanied



Typical 28-day female hormonal cycle

In This Issue

Female BioSupport™
Male BioSupport™
Chlorella Growth Factor SALE

Chlorella Growth Factor
25% OFF
(sale ends May 31st)

Chlorella Growth Factor

Chlorella are microscopic, blue-green freshwater algae. These single-celled organisms are filled with



by unpleasant physical and emotional symptoms such as depression, anxiety, irritability, fatigue, hot flashes, weight gain, breast tenderness, body aches, and other discomforts. In some cases, these symptoms are severe enough to interfere with a woman's daily activities and quality of life.

Even as she passes the child-bearing years, into menopause and beyond, her body continues to undergo hormonal fluctuations, and emotional and physical changes. It is estimated that 75% of women experience uncomfortable physical and/or psychological symptoms in association with their menstrual cycles (PMS). About 3-8% suffer more extreme symptoms of Premenstrual Dysphoric Disorder (PMDD) [womensmentalhealth.org].

A variety of conventional drugs are often prescribed to treat the various symptoms of PMS, PMDD, and menopause, including diuretics, steroids, antidepressants, oral contraceptives, hormone replacement therapies, and more. However, each one of these treatments comes with potential health risks and negative side effects. A 15-year study sponsored by the Women's Health Initiative, involving over 25,000 postmenopausal women, confirmed that the use of combination hormone therapy to alleviate menopausal symptoms was associated with an elevated risk of heart disease [nhlbi.nih]. Other possible side effects include increased incidence of endometrial, ovarian, or breast cancer, stroke [nhlbi.nih], and deep vein thrombosis [Wu '05]. Use of selective serotonin reuptake inhibitors (SSRIs) for PMS depression has been associated with nausea, insomnia, decreased libido, headaches [Brown '09], and possible increased risk of stroke [Smoller '09]. Well-conducted studies have led some doctors to conclude that the additive heavy burden of potential risks from hormonal therapy, in many cases, outweighs the benefits, particularly when a woman already has a genetic predisposition to cancer or cardiovascular disease.

chlorophyll, and are rich in protein, vitamins, minerals, and health benefits. In addition to its nutritive value, *Chlorella* has a remarkable ability to bind with heavy metals and other environmental toxins such as cadmium, lead, mercury, dioxin, and arsenic, then supporting the body in eliminating them. *Chlorella* also stimulates the immune system and acts as a potent antioxidant. BioPure's [Chlorella CGF](#) (*Chlorella* Growth Factor) is an easily assimilated form of *Chlorella pyrenoidosa* enhanced with concentrated heat extract of *Chlorella* nuclear RNA and DNA. Please visit our website www.biopureus.com to see the full range of Chlorella products available from BioPure.

Be sure to consult with your professional healthcare provider.

Our temporary overstock of [Chlorella Growth Factor](#) (capsules only) is on sale for a limited time only.
Don't miss it!

For more information on BioPure Healing Products, and to view all of our products, please visit one of our websites:

www.retailbiopure.com

accessible to anyone, including patients and the general public

-or-

www.practitionerbiopure.com



Given these findings, many women are turning to safer, alternative approaches that include support from natural botanical extracts and nutritional supplements [Geller '05]. BioPure Healing Products has developed [Female](#)

[BioSupport](#)TM, a broad-reaching proprietary formula containing vitamins, minerals, amino acids, and ten botanical extracts. All ingredients are specifically combined to support the unique needs of the female human body and its changing biorhythms.

Below is a list of ingredients found in BioPure Healing Product's [Female BioSupport](#)TM, and their reported beneficial effects. For a more detailed discussion with references, please visit www.biopureus.com.

Vitamins and Nutritional Supplements:

[Vitamin A](#) - supports healthy skin and vision; stimulates immunity; antioxidant; regulates bleeding.

[Pyridoxine HCL \(B-6\)](#) - precursor to neurotransmitters serotonin and GABA; helps control depression, anxiety, pain relief; improves fatigue.

[Pyridoxal-5-Phosphate](#) - biologically active and readily accessible form of Vitamin B-6; immediate precursor to serotonin and GABA; helps control depression, anxiety, fatigue, pain relief.

[B-12](#) - supports normal red blood cell formation; supports nervous system; improves energy; resists depression.

[Magnesium chelate](#) - aids calcium metabolism for strong bones; aids sleep; decreases anxiety, muscle cramps, constipation, fatigue.

[Chromium picolinate](#) - supports normal blood sugar levels; aids in weight loss; supports insulin metabolism.

Botanical Extracts:

[Black Cohosh](#) - widely used in U.S. and Europe; suppression of luteinizing hormone; minimizes hot flashes, irritability, vaginal dryness, mood swings; anti-inflammatory.

[Chasteberry](#) - hormonal balancing; suppression of prolactin; stimulation of progesterone and dopamine

accessible to Practitioners and Wholesale only. Drop-shipments can be delivered directly to your patients.

Should you wish to register as a practitioner or wholesaler, please contact BioPure by:

**toll free: 800-801-6187
or 425-462-8414**

or [click here to email our office](#)

References

* If you would like to see references supporting information presented in The BioPure Bulletin, please refer to the '**Research & More Information**' sections on the description page for each individual product on our website:

www.biopureus.com

Food & Drug Administration Disclaimer

Our products are not intended to diagnose, treat, cure or prevent any disease. They are designed to be used as part of an overall health plan with your authorized healthcare provider. Individuals taking food supplements or who have an underlying health condition should consult with their authorized healthcare provider before using these products. We suggest that you consult your authorized healthcare provider if you have any health problems and require

release; regulates bleeding; minimizes breast tenderness, anxiety, irritability, bloating, and hot flashes.

Cramp Bark - helps relieve pain from muscle, bowel, and menstrual cramps; muscle relaxant; anti-spasmodic; anti-inflammatory; gastroprotective.

Cranberry - rich source of Vitamin C and proanthocyanidins; antioxidant; stimulates immunity; supports healthy urinary tract, stomach, liver.

Don Quai - 'female ginseng'; reduction of cramps, hot flashes, pain, and inflammation; regulate uterine contraction; estrogen-like effect; immunostimulatory; neuroprotective; antioxidant.

Gamma Linoleic Acid - omega-6 fatty acid from Borage oil; anti-inflammatory; reduces breast tenderness; pain reduction; supports healthy fat metabolism; supports regulation of hormones; supports skin and respiratory health.

Passion Flower - soothes nerves; relieves stress; aids in sleep; relaxes muscles.

Red Raspberry - uterine relaxant and stimulant; aids in milk production.

Valerian - improves sleep quality; eases anxiety; relaxes muscles.

5-Hydroxy Tryptophan - an essential amino acid; involved in serotonin production; improves sleep; reduces anxiety, appetite, headaches, pain.

Very few, if any, side effects have been associated with the above-mentioned botanical extracts, vitamins, and minerals found in BioPure's **Female BioSupport™**. However, because some of the ingredients may compound or interfere with the effects of other supplements or prescribed medications, it is important that you do not self-administer this product, or any other supplement, without the guidance of a licensed healthcare provider.

For more detailed information about the ingredients in Female BioSupport™, please visit www.biopureus.com.

a medical diagnosis, medical advice or treatment. The FDA has not evaluated statements in this newsletter. We do not recommend any of our natural products to be used for small children without the guidance of a licensed healthcare provider. We do not recommend that any of our products be used while breastfeeding, while pregnant, or while trying to become pregnant.

Male BioSupport™

BioPure's new **Male BioSupport**™ is a proprietary formula of six botanical extracts combined to support the specific physiological, hormonal, and health needs of men. Urinary tract and prostate health, adequate testosterone levels, and colon health are a few examples of benefits.



This companion product to **Female BioSupport**™ will be featured in next month's newsletter. We will discuss some of the typical challenges of being male, as well as promising new phytochemicals to address these issues.

Join Our Mailing List

to receive our BioPure newsletter

Access past issues

of the BioPure Bulletin newsletter
(previously called "Thrive").

[Forward to a friend](#)

BioPure's Promise*

BioPure Healing Products is committed to providing our customers with the highest quality natural food supplements available. We pride ourselves in sourcing high potency products that are pure, rich in biological vitality, and effective. Our products are not intended to diagnose, treat, cure, or prevent any disease. Dosages, indications and any other information contained herein is suggested use only and not to be considered treatment recommendations. Please consult with a healthcare provider for treatment of any illness or condition, especially if you are pregnant, breast-feeding or considering treating a child. We suggest that you consult a licensed physician if you have any health problems and you require a medical diagnosis or medical advice or treatment.